

## Coaching Outline for Session #7 Game Plan

### 1) Quick Life / Situation Check in

**Ask:** How are you? Can you give me a 2-minute update on what is happening in your life?

**If there is something BIG going on...**

**Ask:** is this something we need to address during our session?

{If yes, make a note of it}

### 2) Evaluate the game

**Say:** So, let's do a quick evaluation of your game and talk about what happened and what didn't happen?

**ASK:** Tell me about the **RESULTS** you got and the **RESULTS** you didn't get.

### 3) Respond to challenges together. (Quick Version)

**Ask:** What was the biggest challenge you faced and what did you learn from it?

### 4) Figure out what to do next to play better

**In this session you will co-create a Game Plan.**

**Say:** "OK, we need to put together your basic game plan. Looking at your desired **OUTCOMES** what do you think about the daily **RESULTS** we have been playing for? Are they the most crucial to your success?"

**Say:** "In our previous conversations we started playing with some game actions to create your results. Now we are going to look at this more deeply to create a solid **Game Plan**."

**Ask:** "What strengths, skills or hidden talents do you have right now that we can use to create your results?"

**Ask:** "What is a creative way we could make better use of these strengths?"

# Play-Two-Win Method™ Playbook

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**Ask:** "What assets, in the form or relationships, do you have that we can leverage to create these results? In other words who do you know who could support you or advocate for you in some way?"

**Ask:** "What other assets do you have that we can leverage to create your results?"

**Ask:** "What creative ideas can you think of to make better use of these assets?"

**Say:** "Now we need to create your approach or strategy..."

**Ask:** "What ideas do you have about the best way to get your results? What is the best way YOU could approach it?"

**Ask:** "OK, now pulling together your strengths, assets and strategy ideas what is your **Game Plan** to get results this week?"

**Say:** "Great. I would like you to write up a one-page **Game Plan** that explains how you will pull together your strengths, assets and ideas to get the crucial results needed to reach your outcomes. Can you do that??"

## 5) Create a new game for the upcoming time period

### Complete the session

**Say:** OK. We have a game plan for the week.

**Ask:** Please give me your 1 minute recap on the game for the week...

### Document the game

Wait for the "yes" or the counter offer of what they will do when.

\*\* Follow up if you don't get the email!